

3rd Young Carers Conference in Switzerland, 16.5.2022



It is a great pleasure to welcome you to the 3rd Young Carers Conference in Lugano. We are looking forward to presenting you the latest national and international results in research, policy and practice. Young carers and professionals will also be given a platform.

Young Carers in Switzerland

Children, adolescents and young adults who regularly take care of persons close are internationally referred to as young carers (under 18 years) or young adult carers (under 25 years). Too little is still known about them. Since 2014, the research department of the Careum School of Health has been working intensively with these young people in a research and development program spanning several years. The aim of our research is to develop concrete support instruments and to raise the awareness of professionals, policy makers and the general public. Many families are affected by physical or mental illnesses, impairments, addiction or age-related ailments. Often children and adolescents are also substantially involved in the care and maintenance of loved ones, either temporarily or for several years. In many cases, neither their social environment, nor professionals or the public notice such challenging situations.

Conference Topics

- Latest results of young carers research in Switzerland
- Learning from others – international comparison of young carers research, policy and practice

- Support needs of young carers and their families
- Testimonials from young carers
- Support offers for young carers
- Approaches for the promotion of young carers' well-being

Simultaneous Translation

The presentations and discussions will be presented in German, Italian or English. They will be interpreted simultaneously to English, Italian or German.

Registration

The event is open to the public.

As the number of seats is limited, we recommend to register soon on our website or by writing an email to: youngcarers@careum-hochschule.ch

Conference Fee

CHF 90.-

Date and Location

16.5.2022, Hotel de la Paix, Lugano

Learn More

Please check our website before the conference for further information and potential organisational adjustments at short notice.



<https://www.careum-hochschule.ch/Young-Carers/Konferenzen/2022-Lugano>

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Programme

From 9.30	Registration and coffee, Hotel de la Paix, Foyer Spazio
10.00–10.15	Welcome Prof. Dr. Agnes Leu, Pro-Rector Research, Young Carers Research Programme, Careum School of Health, Zurich Dr. Raffaele De Rosa, State Councillor and Director of the Department of health and social affairs of Canton Ticino
10.15–10.45	Young carers research, policy and practice in Switzerland Young carers team, Careum School of Health
10.45–12.00	Young carers international How do other countries support young carers? Research: Austria&Sweden Policy: United Kingdom&Italy Practice: Netherlands&France Presenters: <ul style="list-style-type: none">• Prof. Dr. Martina Schmidhuber, University of Graz, Austria• Prof. Dr. Elizabeth Hanson, LNU, Sweden• Prof. Dr. Saul Becker, University of Cambridge, United Kingdom• Licia Boccaletti, Anziani e non Solo, Italy• Dr. Renske Hoefman, Institute for Social Research, Netherlands• Prof. Dr. Aurélie Untas, Université de Paris Descartes, France Moderation: Prof. Dr. Agnes Leu
12.00–13.00	Lunch and networking Poster presentations of students' projects in the foyer
13.00–15.00	Panel discussion with young carers and practice organisations Topics: Well-being and needs of young carers in school and education <ul style="list-style-type: none">• Young carers: Giulia, Lynn, Sofia, Melanie, Luana, Elisa, Livia• IKS Kinderseele Schweiz, Alessandra Weber• Lega contro il cancro Ticino, Alba Masullo• Pro Mente Sana, Maria Grazia Giorgis• Pro Juventute, Ilario Lodi• Canton Ticino, education department, Alma Pedretti Moderated discussion, feedback and questions from the audience
15.00–15.30	Wrap up Prof. Dr. Saul Becker
15.30–16.30	Farewell, apéro riche and networking Prof. Dr. Agnes Leu



**Kalaidos
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