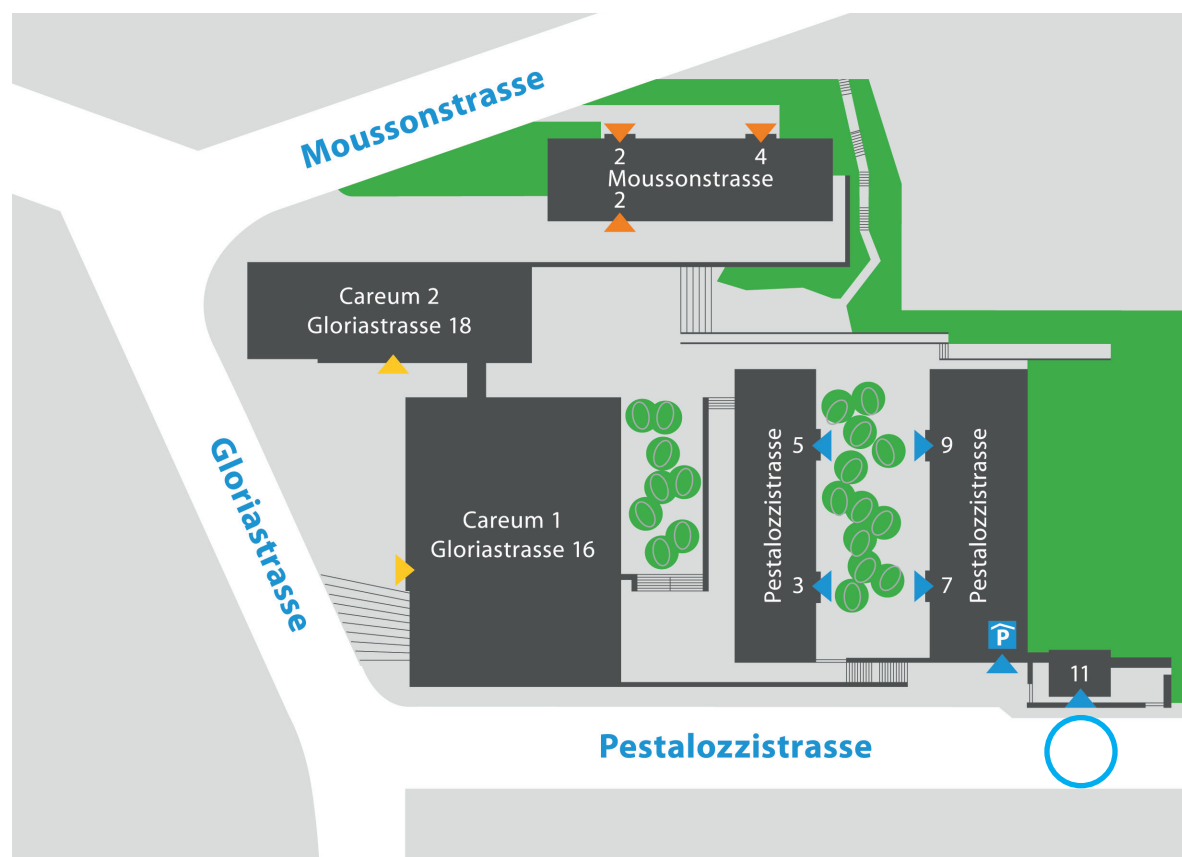


How to get there



Careum Auditorium
Pestalozzistrasse 11
8032 Zürich

The Careum Auditorium is located at Pestalozzistrasse 11 – in the educational district at the heart of Zurich. It's only a few steps away from the tram stop "Platte".

Given the limited number of parking spaces, we recommend you arrive by public transport.

Arrival by public transport:

Tram number 6 from main station to stop "Platte".
Tram number 5 from Bellevue to stop "Platte".

Arrival by car:

There is only a limited number of parking spaces in the Careum parking lot.

Careum School of Health, Research, Pestalozzistrasse 5, CH-8032 Zürich
youngcarers@careum.ch, www.careum-hochschule.ch

Program

SNSF End of Project Conference «Young Carers in Switzerland»

Tuesday, 12th November 2019
Careum Auditorium
Pestalozzistrasse 11
8032 Zürich

Hashtag for Twitter
#youngcarersCH



careum School of Health
Part of the Kalaidos University
of Applied Sciences

FN SNF
SWISS NATIONAL SCIENCE FOUNDATION

**EURO
CARERS**
European Association Working for Carers

Young Carers in Switzerland

There is still too little known about children, adolescents and young adults supporting family members or other close relationships/friends in need of care. Since 2014, the research department of the Careum School of Health has been working intensively with these young people in a research and development program lasting for several years. The aim of our research is to raise the awareness of professionals of the topic, enlarge their occupational networks and to develop concrete support instruments.

There are many families affected by physical or mental illnesses, impairments, addiction or age-related ailments. Often children and adolescents are also directly involved in the care and support of loved ones, either in the short term or for several years. These sometimes challenging situations that young people find themselves in are often not noticed by others around them or by professionals.

Development of a national data base

Children, adolescents and young adults who regularly take care of people close to them are internationally referred to as “young carers” (under 18 years) or “young adult carers” (under 25 years).

Until recently, Switzerland lacked a reliable data on the situation of young carers. The research project “Young carers and young adult carers in Switzerland” funded by the Swiss National Science Foundation closes this research gap.

The results will be presented at our national young carers conference.



Conference themes

- “Learning from others – international comparison of young carers’ support and legal framework
- Results on awareness among professionals in Switzerland
- Results of the national prevalence study
- Support needs of young carers and their families
- Testimonials from young carers
- Approaches for the further development of a national young carers’ strategy

Simultaneous translation

The presentations and discussions will be presented in German or English and will be interpreted simultaneously into English or German.

Registration

The event is open to the public and participation is free of charge. As the number of places is limited, please do not hesitate to register soon by emailing: youngcarers@careum.ch

Learn more:



Program 12 November 2019

from 8.30	Registration and coffee
09.00–09.15	Welcome Prof Dr Agnes Leu, Director, Young Carers Research Program, Careum School of Health, Zurich Prof Dr Saul Becker, University of Sussex, United Kingdom
09.15–09.45	Opening Francesca Centola, Eurocarers
09.45–10.30	Insight into the national research results Presentation of the results of the FSNF project “Young carers and young adult carers in Switzerland” Prof Dr Agnes Leu, Marianne Frech, Sarah Rabhi-Sidler, Fabian Berger Careum School of Health, Zurich
10.30–11.00	Break and networking
11.00–12.30	Young carers research and policy – an international comparison How do other countries support young carers? Laura Bennett, Carers Trust, United Kingdom Licia Boccaletti, Anziani e non solo società cooperativa sociale, Italy Dr Henk Herman Nap, Technische Universiteit Eindhoven, Netherlands Malla Heino, Carers Finland, Finland Dr Feylyn Lewis, University of Sussex, United Kingdom / United States of America Prof Dr Aurélie Untas, Université Paris Descartes, France
12.30–13.30	Lunch
13.30–14.15	Young carers testimonials Moderated discussion, feedback and questions from the audience Fabienne, Lynn, Yvonne Oppliger, Fabian Berger, Prof Dr Agnes Leu, Prof Dr Saul Becker
14.15–15.15	Panel discussion with experts from the fields of education, healthcare and social services What are our next concrete steps? Dr Thomas Ihde-Scholl, chief physician, psychiatric services, fmi AG, and President Pro Mente Sana Dagmar Rösler, president of the Swiss Federation of Teachers Barbara Schmid-Federer, president of the Swiss Red Cross, Canton of Zurich David Welten, consultant Pro Juventute Dr Bischoff, pediatrician and member of the Youth Welfare Commission, Directorate of Education, Zurich Prof Dr Agnes Leu, Prof Dr Saul Becker
15.15–15.45	Take home messages and farewell Prof Dr Saul Becker, Prof Dr Agnes Leu